

SDSS ATHLETIC TEAMS, CLUBS & COUNCILS

Why should you join an athletic team, club or council in high school?

- * make new friends
- * create great memories
- * make a difference
- * have more fun
- * build school spirit
- * develop skills and experience
- * develop leadership skills
- * qualify for post-secondary scholarships
- * qualify for competitive post-secondary programs

*** Please note that information below is subject to change based on teacher availability and/or student interest.**

SDSS ATHLETIC TEAMS

TITLE OF GROUP	STAFF CONTACTS	DESCRIPTION	WHO CAN JOIN & HOW	MEETINGS(WHERE & WHEN)
Badminton (Jr. & Sr. Boys and Girls)	A. Farrell	Compete at tournaments February through April to qualify for YRAA and OFSAA games.	See Mr. Farrell to try out for team. Tryouts start February in the gym.	Practices are in the gym, 3 x week (various days and times) February to April.
Basketball (Boys Junior)	A. Farrell	Develop basketball skills through practices and league games.	Gr 9-10 male students can tryout.	Practices 3x / week morning and/or after school between Nov to Feb.
Basketball (Boys Senior)	J. Hammond, L. Pendergast	Develop basketball skills through practices and league games.	Gr 11-12 male students can tryout.	Practices 3x / week morning and/or after school between Nov to Feb.
Cross Country Team	M. Atkins, J.Bocking	Team members get a training schedule for the season with different daily workouts/training to prepare them for several invitational competitions and YRDSB/OFSAA races.	See coaches for parent letters/forms and attend practices outside the weight room after school.	Various weekdays after school outside weight room. Sept to Nov.
Field Hockey (Girls Varsity)	S.Avveduto, S. Bubnic	Fall sport team that allows students to learn field hockey skills and compete in games.	Any grade 9-12 female student can tryout.	TBD.
Golf (Jr & Sr)	L. Devos	Students develop golf skills and participate in various golf tournaments.	Tryouts in the fall.	Practices and tournament days and times TBD.
Hockey (Boys Varsity)	J. Hewitt, R.Edmondson	Players get a chance to compete against the best teams in the region and province in both league and tournament play.	Grade 9 - 12 boys. All players must attend practice and maintain a good standing in school.	Practices take place every Wednesday at 7:30 a.m. from October to February. Contact coaches for game and tournament schedules.
Hockey (Girls Varsity)	C. Giles, B. Shankman	Develop hockey skills through practices and league games.	All female students can tryout.	5-6 Morning Practices @ 7:30am between October and February.
Rugby (Girls Varsity)	T. Labar, J. Hewitt	Girls are introduced to Seven's Rugby in the fall and Fifteen's in the spring.	Varsity Teams - Tier I and II. Must attend practices consistently and maintain good standings in school.	Fall and Spring Practices: 3 times/week at 7:30am.
Rugby (Boys)	R.Edmondson	Provide an opportunity for students to learn the game of rugby. Players get a chance to compete against the best teams in the region and province in both league and tournament play.	Grade 9s and 10s play on the Junior. Grade 11s and 12s play on the Senior team. All players must attend practice and maintain a good standing in school.	Practices take place at 7:30 in the morning 2 to 3 times per week. Practice days vary from week to week. For 7s rugby (fall) the season runs from September to October. For 15s (spring) the season runs from April to early June. Contact coaches for game and tournament schedules.
Soccer (Girls Varsity)	S Avveduto, S. Bubnic	Students develop their soccer skills through practices and league games.	Female students grade 9-12 are welcome to tryout.	Tryouts and practices will be in the spring.
Track & Field	S. Jimmo, M. Atkins,	Athletes train with the team for up to 3 events of their choice.	Open to all students, no experience necessary, must attend practices 2 x / week minimum.	First meeting prior to March break, practices offered Mon-Thurs after school, 3-5 track meets / season.
Volleyball (Sr. Girls)	S.Jimmo, T.Labar	Players get the opportunity to refine their volleyball skills and compete against teams in York Region.	Girls in grades 11 and 12 can try out for team. Those who make the team must attend practices and games and must maintain a good standing in classes.	Practices take place 3 times a week in addition to 8-10 league games.
Volleyball (Jr. Girls)	L. Jaanusson	Players get the opportunity to refine their volleyball skills and compete against teams in York Region.	Girls in grades 9 and 10 can try out for team. Those who make the team must attend practices and games and must maintain a good standing in classes.	Morning practices take place 3 times a week in addition to 8-10 league games.
Volleyball (Sr. Boys)	S. Jimmo	Players get the opportunity to refine their volleyball skills and compete against some of the best teams in York Region.	Tier 1: must attend practices consistently and maintain good marks in school.	1 to 3 practices a week, 1 to 2 games a week, 2 to 3 tournaments a season.
Volleyball (Jr. Boys)	S. Jimmo, L. Jaanusson	Players get the opportunity to refine their volleyball skills and compete against some of the best teams in York Region.	All grade 9-10 boys. In order for boys to play on the team they must tryout. If they are successful in making the team the boys are responsible for attending practices and games. The players are also responsible for maintaining good standing in their courses.	Practices take place 1-3 times a week in addition to 8-10 league games. 1-2 tournaments / season.
Ultimate Frisbee Team (co-ed)	K. Lau	Students will have the opportunity to improve their skills and compete in league games. The season will conclude with a tournament at the end of May.	All interested male and female students, gr 9-12, can attend tryouts in March.	All TBD: Season runs from end of April to end of May, possible clinics/clubs to gauge interest in Feb, practices likely after school 2-3 times/week.

SDSS CLUBS & COUNCILS

TITLE OF GROUP	STAFF CONTACTS	DESCRIPTION	WHO CAN JOIN & HOW	MEETINGS (WHERE & WHEN)
1 Up Toronto	D. Turpin	1 Up is a youth-led initiative where students design and build projects to improve public spaces in our school and community.	All students welcome.	Thursdays from 12:00-1:10 in room 2018.
Artists Club	O. Webb	To foster love of arts. Plan shows, Art Battle, Music Art Night and school murals.	All can participate by signing up for art activities listed at the Art room.	Room 2000 during lunch bi-weekly on Tuesdays.
Athletic Council	T. Labar	Organize intramurals, spartan clothing, athletics PR.	Anyone welcome. Just come!	Room 1022, Meetings as needed.
Breakfast Club	M. Mileti	Provide students an opportunity to have a healthy breakfast/snacks throughout the day. Daily preparation of snacks.	Students in Community Classes.	No meetings. Food is made available in the Main Office.
Chill Zone Room	Community Partners	Students can visit room 1003H anytime during lunch to play games, do puzzles, participate in art activities, learn about wellness and connect with other students.	Any student is welcome. This is a drop in activity room.	Room 1003H, everyday during lunch.
Chinese Culture Club	L. Galati	To promote awareness of Chinese culture, and heritage.	All students welcome.	Room 2014 at lunch, every other Friday beginning December 6/19.
Grade 9 Computer Gaming Club	T. Piechota	Up to 22 students can compete against each and in teams with LAN games such as Minecraft and Rocket League.	All grade 9 students welcome. See Mr. P in room 1066 for signup. Club starts in mid October.	Room 1066 Drop in Tues and Thurs during period lunch.
DECA	J. Katz	Through conferences and competitions, DECA instills professionalism and prepares youth to respond to authentic business cases and market demands.	All students welcome, but sign-up must be done before 1 October 2019.	Wednesdays after school in room 2034.
Dixieland Band	D. Chiavarioli	Music group with focus on Dixieland genre.	Invitation only.	Fridays after school.
Dungeons & Dragons Club	K. Sale	Students meet to participate in Dungeon and Dragons games.	All students welcome.	Wednesdays and Thursdays during lunch in room 2020.
Eco Team	B. Bacola	Team members collaborate.	All students welcome.	Fridays at lunch in room 2063.
Equity and Inclusivity Club	J. Falbo, J. Phillips	Students will learn about equity & inclusivity issues inside/outside our school environment. They will also learn correct terminology such as: bias, stereotypes, discrimination, etc. and help to educate staff/students as well as help to create a more equitable and inclusive school environment.	All are welcome.	Meet monthly 1st Tuesday of each month during common lunch in room 2024.
ESP	J. Dragert, M. Estabrooks	To promote a safe and positive school environment on issues that are relevant and important to students and the community. This is a board organization that works in conjunction with the York Regional Police & other community partners.	Everyone is welcome.	Room 2064, Thursdays, 12:20 pm.
Games Room	M. Schissler, C. Vroom	Come out and play cards, chess or a variety of board games to de-stress and make friends!	Show up any Thursday at 12:20 in room 2056.	Weekly Open to everyone!
Gay Straight Alliance	K. Sale, D. Turpin	Connect with students to foster a school community that is inclusive and supports diversity.	All students are welcome.	Meetings will be Fridays after school in room 2020.
HOSA (Future Health)	M. Schissler	Students prepare for healthcare related competitions with the potential to earn scholarships.	Grade 11 and 12 science students.	See Mrs. Schissler in room 2062 for details-registration closes Dec 22. Google Classroom; waj3gg
Improv Team	R. Butters	Students meet to prepare to compete in the "Canada Improv Games" and other performance opportunities.	Open to all grades, auditions in September, successful students will be on the team.	Practices from September to March, Tuesdays at lunch and Thursdays after school (to 5:00 PM) Tournaments are at night and on weekends.
Math Club	L. Onisto	Students will meet to prepare for the Waterloo Math Contests.	All students welcome.	Thursdays, after school room 2041.
Me to We Club	M. Estabrooks, R. VanKampen	Students will act locally to make a change within their community and globally focussing on issues children face in the world today: poverty, access to clean water, access to education, & human rights.	All students are welcome. (students will select the initiatives)	Wednesdays at 12:20pm in room 2064. Info on meeting will be available in our Google classroom. Students can sign up using enrollment key: h3eb6b
Music Council	D. Marlatt	Organize events for Music Department.	Music students, grades 9 to 12, application process.	Every other Monday after school in room 1050.
Muslim Student Association	J. Hammond	To promote awareness of Muslim culture, religion and heritage.	Everyone is welcome.	Tuesdays during lunch in room 2022.
Newspaper Club	C. Vroom	To promote our students creativity and success by featuring art and achievements, inspiring others to become more involved in our school.	Everyone is welcome.	Tuesdays during lunch in room 2023.
Presidents' Council	M. Przemieniecki, S. Baumgartner	Representatives from all clubs in the school meet to share and collaborate on events being planned for the school.	Student council reps and student leaders from various clubs.	Room 1003H, Second Monday of every month after school.
Prom Committee	L. Galati, E. Kiriakou	Plan Prom.	Students in grade 12 can apply for positions. Some grade 11s.	Meetings begin in February.
Robotics Club (Junior)	T. Piechota	Learn and develop skills in the field of robotics.	Gr. 9 or 10 See Mr. P in room 1066.	Room 1066, Tuesday after school (day may change depending on student's schedules).
Robotics Club (Senior)	T. Piechota	Build and program robots to compete at Regional and Provincial skills challenges.	Gr. 11 or 12 See Mr. P in room 1066.	Room 1066, Thursday after school (day may change depending on student's schedules).
Science Club	N. Camara, S. Avvedutto	Students participate in competitions at Universities around Ontario. They have the opportunity to learn how chemistry, biology and physics can be used to solve problems.	Open to students in grades 9 to 12, drop by to join.	Room 2052 Thursdays at 12:20 pm.
Small Music Ensembles	D. Marlatt, D. Marlatt, D. Chiavarioli	Students participate in small ensembles and present at school and community events.	Interested music students.	TBD by music teachers.
SNL (Student Network of Leaders)	L. Taccone	Students assist with school transition initiatives and events that require student leaders.	Student leaders nominated by teachers.	Meetings occur as needed and are communicated through Google Classroom.
Spartan Swing	D. Chiavarioli	Jazz band.	Music students, grades 9 to 12, audition or invitation.	Thursdays, after school.
Starbooks Cafe Book Club	J. Bocking	Read and discuss selection of your favourite books and future reads.	Open to all students, sign up in the library.	TBD.
Student Council	M. Przemieniecki, S. Baumgartner	Fundraising, events, student representatives.	55 members in total: 9 executive members, 46 on Spartan Senate.	Exec: Wednesday, 2036 Spartan Senate: 1054, Fridays at lunch.
Tamil Student Association	A. Hatanaka, P. Zimbalatti	To promote awareness of Tamil culture and heritage.	Everyone is welcome.	Wednesdays at lunch in room 1022.
Tech Club	C. Chartrand	Students are introduced to SDSS's lighting and sound system.	Sign up in Guidance office.	Drama room mornings and after school as needed.
Well Being Team	R. Luciani, N. Camara, J. Foran, C. Chartrand, L. Galati, K. Seon, R. VanKampen, R. St. Gelais, C. Bortolin	To improve our school climate through the promotion of physical, social and mental well-being.	Interested students, contact Ms. Luciani or Ms. Camara.	Meetings are bi-weekly on Monday's during lunch at 12:30 in the main office Conference Room.